

FEAST DAILY UPON THE WORDS OF CHRIST

GOAL = Increase my faith in the restored gospel and my commitment to follow Jesus Christ by prayerfully studying and pondering the Book of Mormon for 100 days

1	21	41	61	81
2	22	42	62	82
3	23	43	63	83
4	24	44	64	84
5	25	45	65	85
6	26	46	66	86
7	27	47	67	87
8	28	48	68	88
9	29	49	69	89
10	30	50	70	90
11	31	51	71	91
12	32	52	72	92
13	33	53	73	93
14	34	54	74	94
15	35	55	75	95
16	36	56	76	96
17	37	57	77	97
18	38	58	78	98
19	39	59	79	99
20	40	60	80	100

Prophetic Promises & Invitations - Russell M. Nelson

"I promise that as you prayerfully study the Book of Mormon every day, you will make better decisions—every day. I promise that as you ponder what you study, the windows of heaven will open, and you will receive answers to your own questions and direction for your own life. I promise that as you daily immerse yourself in the Book of Mormon, you can be immunized against the evils of the day, even the gripping plague of pornography and other mind-numbing addictions."

"Whenever I hear anyone, including myself, say, 'I know the Book of Mormon is true,' I want to exclaim, 'That's nice, but it is not enough!' We need to feel, deep in 'the inmost part' of our hearts, that the Book of Mormon is unequivocally the word of God. We must feel it so deeply that we would never want to live even one day without it."

"Each individual who prayerfully studies the Book of Mormon can also receive a testimony of its divinity. In addition, this book can help with personal problems in a very real way. Do you want to get rid of a bad habit? Do you want to improve relationships in your family? Do you want to increase your spiritual capacity? Read the Book of Mormon! It will bring you closer to the Lord and His loving power."

"Immersing ourselves regularly in the truths of the Book of Mormon can be a life-changing experience. It contains the answers to life's most compelling questions. It teaches the doctrine of Christ. It expands and clarifies many of the 'plain and precious' truths."